Focus group No
Patient's identification Number for this study

Consent Form

Title of the project

Variations in Attitudes, Beliefs and Level of Understanding of Risk factors for Coronary Heart Disease among the Various South Asian Groups and Sub Groups

Name of Principle Researcher: Giju George MBBS (RUS), MHA, MSc (UK), Cert (USA)

I (name)
of (address)

1. Confirm that I have read and understand the information sheet dated July 2006
   For the above study and have had the opportunity to ask questions. Yes/No

2. Understand that my participation is voluntary and that I am free to withdraw at any time
   without giving any reasons, and this will not affect any legal right advisor. Yes/No

3. Agree to take part in this study and I grant permission for my personal information to be used
   anonymously by Giju George in the process of completing a PhD degree, including a thesis and
   any report or publications.

_________________________  ________________________  ________________________
Name                      Date                        Signature

_________________________  ________________________  ________________________
Principal Researcher      Date                        Signature
QUESTIONS: FOCUS GROUPS QUESTIONS

- Why do people suffer from or develop heart disease?
- Why do Asians develop heart disease?
- What part (in developing heart disease) is played by Smoking, Exercise & Diet?
- Any other factors?
- What difficulties do you find in improving your lifestyle (with respect to risk factors)?
- Do you have any difficulties with the health service (as Asians)?
Introduction

My name is Giju George and I am doing research on the level of understanding of Coronary Heart Disease among the South Asian community in UK. I am trying to understand how much people are aware of risks factors associated with CHD and if there is a variation between different South Asian groups and Sub-groups.

I will be conducting this study in accordance with the requirements of the De Montfort University, Leicester for the PhD.

You are invited to take part in the study, but before you decide, it is important for you to understand why the research is being done and what will involve. Please take time to read the following information carefully and discuss it will relatives, friends or your GP if you do wish. Ask me if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

You may decline to take part in the study at any point, if you wish.

Below are some questions that you might want to ask about taking part in the study.

Question 1 what is the purpose of the study?

Family, friends and even professionals often misunderstand the term “Risk Factors” for Coronary Heart Disease. This is not surprising given the lack of accurate information about within the general public.

This study aims to do the following.

- Contribute to effective Health promotion of these groups..... key issues relating to knowledge and attitudes to Life style risk factors among South Asian ( SA) Males, 40 years and above and living in the UK.
- To find out if there is a variation in the level of understanding of risk factors in CHD among the SA population.
- Present the findings of this study to community based professionals, those involved in planning of Health Promotion policy, De Montfort University and of course, yourself.

Question 2: Do I have to take part?

No its up to you to decide whether or not to take part. You will be given at least two weeks to consider whether to take part or not. You will be given this information
sheet and if you decide to take part you will be asked to sign a consent form. You will be free to withdraw at any time without giving a reason, and if you do it, you will not be affected in any way.

Questions 3: What are the benefits of taking part?

The study may contribute to new understanding of the ideas of what people have about the level of understanding of Coronary Heart Disease. It may provide direction for early prevention and health promotion needs. Depending on the results, it may provide a better insight into the various groups and subgroups, special culture and eating habits and ways in which we can work together for a healthier Asian community.

Questions 4: Why have I been chosen?

You have been chosen because:
- You are aged 35 and above
- You are from the South Asian community
- You speak one of the South Asian languages

Question 5: What will I have to do?

If you decide to take part in the study, you will be asked to participate in one of the focus group interviews. Interviews will take place either in the voluntary Organisation or place of worship. In each interview there will be around six to ten men and will last roughly around 2 hours. Light refreshments will be provided.
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Questions 6: What if I wish to make a complaint?

I will take every care in the course of this study. If however, you are harmed in this study due to someone's negligence, then you may have grounds for legal and for legal action which you need to pay. There are no additional arrangements for participants in this study.

Question 7: Will I be compensated for any time or loss earning?

There is no special compensation arrangement for participants and is entirely voluntary and the principal researcher does not take any responsibility for any loss incurred other than travel expenses.

Question 8: Will my taking part in the study be kept confidential?

Yes. All information that is collected about you during the course of the research will be kept strictly confidential and have names removed so that it cannot be recognised.

The findings of the study will be presented to health professionals, De Montfort University and of course, yourself.

Your names and personal details will not appear in any writing that arises from the study, such as the PhD thesis, or any report writing that arises from the study, such as the PhD thesis, or any report that I write. I will make sure that it will not be possible for anyone to identify you from what I write.

Questions 9: Are they any circumstances when my confidentiality might be broken?

I am legally obliged, regardless of the demands for confidentiality, to prevent particularly serious future violations of the law or intent to harm self or others. Any disclosure of intent to Commit acts of terrorism Fraud Child abuse Sexual assault Arson Burglary or any acts that might put you or others at risk will be reported.
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Question's 10 what will happen to the research of the study?

The results of the study will be shared with hospital staff, those in policy and development departments and De Montfort University.

The results of the study are likely to be available May 2007. A copy will be send automatically to you then. You will not be identified in any report/publications.

Questions 11: Who is organising the research?
Giju George (Researcher)
Mary Seacole Research Centre
De Montfort University
Leicester LE2 1RQ

For further information you can contact me on, Tel: 07884016090 or write to me at De Montfort University.

For an independent advice you may wish to contact De Montfort University

I wish to thank you for taking time to read thins

Giju George
Researcher.

Please keep this information sheet in a safe place. You will also be given a copy of your signed consent form to keep.
Looking for Asian Gujrati males
Age 35-65

Research students project in Heart Related Disease
Participating Public members will be paid £10.00 cash as travel allowance along with a buffet snack

East Leicester Patients Chair
in conjunction with Giju George (PhD candidate)
সম্মানিত হিসেবে:

প্রতিজ্ঞার নাম:

সাউথ এশিয়ান এথলেটিস্ট এবং সাঁতার প্রশাসনের মধ্যে কর্মীরা হার্ট রেগের তুষ্টি সহ বিভিন্ন ধরনের দুঃখভাবী, বিশ্বাস এবং উপলক্ষ্যের প্রতিশোধ রয়েছে।

প্রতিজ্ঞারের নাম: সীমিত কর্তা, এম.ডি.এম.এইচ.এ, এম.এস.সি. সার্টিফাইড

আমি (নাম)

(চিঠিপত্র)

১. নভেম্বর ২০০৫ তারিখে লিখিত উপরোক্ত গবেষণার ম্যাগাজিনের তথ্য বহনমূলক কাগজ প্রকাশিত হয়েছিল এবং ব্যাপার নামে পেয়েছিল।

২. তুষ্টি সহ আমার অশেখরে আমার ইচ্ছার উপর এবং যে কোন সময় কোন কারণ না জানিয়েও আমি প্রতিস্থাপন করতে পারি এবং তাতে কোন আইনগত উপদৃশ্য উপর প্রভাব পড়বে না।

৩. এই গবেষণার অংশগ্রহণের জন্য সম্মানির বিলায় এবং নাম চিঠিপত্র যাদ দিয়ে আমার ব্যক্তিগত তথ্য গৈরক কর্ত্তাকে তার প্রতি এইচ ডি সম্প্রস্থ করার জন্য (বিষয়স ও রিপোর্ট সহ করবে) হয়েছে।

নাম: ------------------------------- তারিখ: ------------------------------- দক্ষতা: -------------------------------

প্রধান গবেষক: ------------------------------- তারিখ: ------------------------------- দক্ষতা: -------------------------------

সাক্ষিঃ ------------------------------- তারিখ: ------------------------------- দক্ষতা: -------------------------------

Consent form/Bengali
03 March 2005

Dr Giju George
75 Montague Road
Leicester
LE2 1TJ

Re: Ethics approval for proposed project 'Variations in Attitudes, Beliefs and Levels of Understanding of Risk factors for Coronary Heart Disease among the various South Asian Groups and Sub Groups'

Following review of your application for ethical approval for the above mentioned research project, I am pleased to inform you that as Chair of the Faculty of Health and Life Sciences, I grant ethical approval by Chairs Action.

Should unexpected ethical issues arise once you have commenced this project, then you should make me aware of these by writing to me c/o the Faculty Research Office.

Yours sincerely,

Professor Paul Whiting
Chair of the Faculty Research Ethics Committee

Professor G Grant
Dean

Faculty of Health and Life Sciences, The Gateway, Leicester LE1 9BH.
Tel: (0116) 255 1551 / Fax: (0116) 257 7135 / Email: GGrant@dmu.ac.uk